

NOTE: ALL DIVISIONS ARE NON-CONTACT HOCKEY

Women's Open

This division is designed to meet the needs of the female participant. The Women's participants can range from beginners to highly skilled players.

***Prior ice hockey is recommended, but not required.**

Men's Comp

This division is designed to meet the needs of the highly competitive male participant who want to play a fast-paced hockey. The Men's Comp division emphasizes competition for those participants with prior ice hockey experience. This hockey will have stronger players but comes with the reward of the best adult hockey we can offer. With special permission from the ice hockey convener, female participants are eligible to participate in the Men's Comp division. Ranges in skills from the average hockey player to highly skilled players. Recommended for men who played Junior, AAA, AA, A, and Rep level hockey

***Prior experience at a competitive level of ice hockey is recommended, but not required.**

Men's Rec

This division is designed to meet the needs of the male participant who still wants to play a competitive game while not having to play against the best Western has to offer. Men's Rec participants can range from beginners to skilled players. With special permission from the ice hockey convener, female participants are eligible to participate in the Men's Rec division. Recommended for men who played, A, Rep, Select or local level hockey.

***Ice hockey experience is recommended, but not required.**

Men's House

This division is designed to meet the needs of the male participant who emphasizes participation, fitness, socializing and fun. Men's house participants can range from beginners to average skilled players. Women are encouraged to play at this level, but please do make the ice hockey convener aware. Recommended for beginners, women of any level, and men who played select, local or recreational level hockey. Please do not play below your level in this division. This division has much fewer teams and is designed specifically for lower-level teams.

***No prior ice hockey experience is required.**

PLEASE NOTE: Please ensure alignment with the appropriate skill level when selecting your division to ensure an enjoyable and fair hockey experience for all participants.